

March 18, 2020

Dear Employers:

We know this is a time of great stress and confusion as we all try to figure out what to do with COVID19 in our lives. Please understand at this time we Health Care Providers have to focus our attention on the sickest and most vulnerable patients. Much of our care is being delivered over the phone. Consequently, we cannot keep up with the demand for notes for work and testing for COVID19 for patients who have mild to moderate illness. For your convenience, I have listed the criteria identified by the Rhode Island Department of Health regarding when employees may return to work:

1. Anyone who has travelled out of the country must self-quarantine for 14 days.
2. Anyone who has travelled domestically must self-quarantine for 3 days.
3. Anyone with any signs of respiratory illness (cough, fever, congestion) may return to work **ONLY WHEN BOTH OF THE FOLLOWING CRITERIA ARE MET:**

NO SYMPTOMS for 72 hours WITHOUT the use of medication

AND

7 DAYS have passed since the start of the illness

Thank you for your understanding and cooperation.

Cristina Pacheco, MD

Chief Medical Officer